

GOSFORD NETBALL ASSOCIATION INC

GUIDELINES FOR CLUBS

SUN SMART POLICY 1999

1. To provide broad-spectrum water resistant sun screen with SPF15 or higher for officials, players and spectators. (Applying sun screen liberally at least fifteen (15) minutes before going out in the sun)
2. Uniforms Recommended:
 - a) Tops with button up necks and collars, which can be flipped up to provide neck protection
 - b) Capped or short sleeve
 - c) Loose fitting designs are preferable
 - d) Fabric to be tightly woven. Dark colours offer more protection than light though dark colours can be hot
3. Hats Recommended:
 - a) Wide soft brim
 - b) Soft sun visors (available from Gosford Netball Association Inc)
4. Sun glasses recommended to be worn by officials and spectators
5. Recommended: Portable shade structures for Representative teams playing away from home venue
6. Make available Sun Safe brochures
7. Advise competitors, club officials and parents of Sun Safe Policy at time of registration
8. Reward a club that follows the Sun Safe Policy throughout the season